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Toxicity and Respiratory Effects of Heavy Metal Cadmium on the *Labeo rohita* Fingerlings

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Abstract: The present study evaluated the effect of sub lethal concentration of heavy metal, cadmium on oxygen consumption and gill histology of *Labeo rohita*. LC₅₀ values for 96 h was determined for cadmium and was found to be 12.5 ppm. The fishes were exposed to 10% sub lethal concentrations of the 96 h LC₅₀ value for 10, 20, and 30 days along with control. Decrease in O₂ consumption rate was observed in *L. rohita* exposed to 10% sub lethal concentration of heavy metal for a period of 10, 20 and 30 days. In this study, the oxygen consumption was gradually decreasing with increasing exposure periods. Maximum decline (-36.94%) over control in the rate of respiration was noticed in 10% sub lethal concentration after 30 days of exposure. Histopathological lesions in the gill of fresh water *L. rohita* were assessed following 10, 20 and 30 days of exposure to the cadmium. In the fish exposed to the cadmium, the most common lesions were fusion of gill lamellae, detachment of gill epithelium, hyperplasia and hypertrophy of respiratory epithelium in the gills. The lesions were comparatively most severe in 30 days exposed fish.

Keywords: Heavy metal, Cadmium, Toxicity, Oxygen consumption, Gill histology

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Introduction

Fishes are valuable sources of high grade proteins, mineral salts including calcium, phosphorus and iodine, essential amino acids, omega 3 fatty acids and vitamins A, B, D and E (Tont, 1977). Fish proteins occupy an important place and it constitutes about 17-20%. Moreover, carbohydrate content of the fish flesh is very low and

hence, fish can make valuable contribution to any diet (Holt, 1967). Besides providing food to man, fishes are sources of numerous by-products such as fish liver oil, fish flour, fish silage, fish glue, Isinglass etc. which have medical and economic importance. Considering their nutritional value, it is essential for any nation, which is desirous of

developing this rich protein source, to develop a efficient aquaculture system, for which maintenance of the environmental water quality is a prerequisite. However, increasing number and amount of industrial, agricultural and commercial chemicals discharged into the aquatic environment poses problems to humanity, particularly to the aquatic organisms (Mc Glashan *et al.*, 2001).

Among the industrial wastes, heavy metals cause a hazard not only to mankind but also to other plants and animals. Heavy metals are non – degradable and are regarded as hazardous to the aquatic ecosystem for their environmental persistence and their ability for accumulation (Yigit and Altindag, 2006). Among the non – essential metals, cadmium is one of the most hazardous elements and is recognized carcinogen in mammals (Sunderman *et al.*, 1991). It is also stable like other metal and does not degrade in the environment (Sax, 1974).

Cadmium (atomic weight 112.4 and atomic number 48), a naturally occurring non – essential element found in earth's crust associated with zinc and copper ores was discovered by Fredrich Stromesper in 1817, but was not used commercially until the end of the 19th century. This soft, silver – white metal was first used in paint pigments and as a substitute for tin in world war I. Today, about three – fourths of cadmium is used in battery, electroplating, mining, paints and dye industries (Forstner and Prosi, 1979). The environmental protection Agency (EPA) has found cadmium to potentially cause a variety of effects from acute exposures in human beings which include nausea, vomiting, abdominal pain and breathing difficulty. Chronic exposure to cadmium results in kidney dysfunction, lung cancer and prostate cancer (Roberts, 1999).

Changes in oxygen consumption, as indices of energy expenditure, are a useful tool to assess the physiological stress on aquatic organisms (Lee, 1969). The oxygen consumption of the fish *Tilapia mossambica* has been studied when exposed to sublethal concentration of organochlorine

pesticide DDT (Ravindran and Swami, 1987). *Labeo rohita* exposed to dimethyl parathion showed decline in the rate of oxygen consumption (Benggeri *et al.*, 1984). Exposure of *Oreochromis mossambicus* to Quinalphos tends to depress the rate of oxygen uptake (Mathivanan, 2004). Stimulation of oxygen consumption by endrin has also been shown for mosquito fish, *Gambusia affinis* (Ferguson *et al.*, 1966) and blue gills, *Lepomis machrochirus* (Huner *et al.*, 1967). Saradhamani *et al.* (2009) reported the decreased rate of oxygen consumption in the fish *Catla catla* on exposure to herbicide, glyphosate.

Ramakrishnan and Sivakumar (1993) reported that the rate of oxygen consumption is decreased with increased concentrations of Quinalphos and increasing duration of exposure period. Toor and Kamal Deep (1974) observed a decrease in oxygen consumption of *Cyprinus carpio*, when exposed to lethal and sublethal concentrations of carbaryl diazinon, phosphamidon and fenitrothion. Rao *et al.* (1981) have reported a significant decrease in the oxygen consumption in the fish *Macrornathus aculeatum* when exposed to the sublethal concentrations of endosulphan.

Fish gills are regarded as a major site of respiration, osmoregulation and excretion and remain in close contact with the external environment and particularly sensitive to changes in the quality of water and considered the primary target of the contaminants. For this reason, they are considered excellent indicators of environmental quality (Wendelaar Bonga, 2008). Histopathological studies have been conducted to establish fundamental relationships between contaminant exposure and various biological responses. Histopathological investigation has been recognized as a valuable tool for assessment of the impact of environmental pollutants in fish (Heath, 1995; Teh *et al.*, 1997; Schwaiger *et al.*, 1996; Oliveira Ribeiro *et al.*, 2002). Over the past few decades, the histopathological changes in gills under acute and chronic exposure to heavy metals have been studied in many fish species (Baker

1969; Matthiessen and Brafield, 1973; Gardner and Yevich, 1970; Wobeser, 1975; Crespo, 1982; Sriwastwa and Maurya, 1991; Gupta and Rajbanchi, 1995; Arellano *et al.*, 2000; Rangsayatrun *et al.*, 2004; Gupta and Kumar, 2006; Hameed *et al.*, 2005; Al-Attar, 2007; Muthukumaravel *et al.*, 2008; Radhika and Krishnamoorthy, 2010; Georgieva *et al.*, 2010; Patel and Bahadu, 2010). Hence, the present study was aimed to investigate the impact of cadmium on histological structure of gill of Indian major carp *Labeo rohita* in order to understand mode of action, stress response and organ dysfunction.

Materials and Methods

Test chemicals:

The analytical grade cadmium sulphate ($3\text{Cd}.\text{So}_4$). $8\text{H}_2\text{O}$ was obtained from New India Chemical Enterprises, Cochin, India and used without further purification for the experiment.

Animal maintenance:

The freshwater healthy fingerlings of *Labeo rohita* (10 ± 19 g b wt.; 8 ± 0.5 cm) were selected for the experiment and were collected from Katherasan Aquafarm near Thanjavur, Tamil Nadu, India. The collected fish were acclimatized for one month in a large cement tank (1000 L capacity). During the acclimatization period, the fish were fed with rice bran and groundnut oil cake which had no detectable amount of cadmium. Food was provided once a day. The water was renewed daily to avoid accumulation and contamination of excretory materials and feeding was withheld 24 h before the commencement of the experiment.

Fish showing an abnormal behavior was removed as soon as possible. In the present study tap water free from chlorine was used which had the following physico-chemical characteristics (APHA, 1998)-- temperature $28\pm 0.13^\circ\text{C}$, pH 7.6 ± 0.04 , salinity 1.2 ± 0.13 ppt, D.O. 5.6 ± 0.2 mg/l and total hardness 35 ± 0.5 mg/l. Before the start of the experiment, suitable numbers of fish were transferred into two glass aquaria which were continuously aerated.

Preparation of stock solution and determination of 96 h LC₅₀ value of cadmium:

Stock solution of cadmium was prepared by dissolving 1 g of cadmium in an appropriate amount of water. For the determination of median tolerance limits or LC₅₀, different concentrations of cadmium (5, 10, 15, 20, 25 and 30 mg/l) were prepared from the stock and added in separate glass aquaria containing 50 L of water. Three replicates were run for each concentration and 10 fishes of equal size and weight were introduced. The test water was renewed at 24 h interval and freshly prepared cadmium was added to maintain the concentration of cadmium at a constant level. A concurrent control of 30 fish in three different glass aquaria was maintained under identical conditions. The mortality/survival of fish was recorded after 96 h and median lethal concentration (LC₅₀) was calculated (Finney, 1978). $1/10^{\text{th}}$ value (1.25 mg/l) of the LC₅₀ value for 96 h (12.5 mg/l) was taken as the sublethal concentration for experiment (Sprague, 1971).

Sub lethal studies:

For sub lethal toxicity tests 200 fingerlings were selected and divided into four groups (one control and three experimental) with 50 fish in each aquarium filled with water. The desired concentration (1.25 mg/l cadmium solution which is $1/10^{\text{th}}$ of 96 h LC₅₀) of the toxicant was added directly in order to maintain constant concentration of the toxicant. The experiment was conducted for 30 days and sampled at 10 days interval and no mortality was observed during the above treatment period. At the end of the stipulated periods (10th, 20th and 30th day) of exposures fish were randomly selected and sacrificed for histological studies.

Estimation of Oxygen Consumption:

A series of rectangular glass jars, each with one liter capacity were used as aquarium. They were filled with water. Care was taken to avoid trapping of air bubbles. Only one fish was introduced into each aquarium and a thick layer of coconut oil was spread on the surface of the medium to prevent

the contact of the medium to the atmosphere and to prevent the fish from reaching the atmospheric air.

Before starting the experiment, the initial oxygen content of water used for the preparation of animal chambers was estimated by collecting a sample into a narrow mouth, glass stoppered sample bottle of known volume following the Winkler's method (Annon, 1984). A healthy fish was allowed to respire for one hour in animal chambers. After one hour, samples from respiratory chamber were taken into the sample bottle of known volume through siphon system and the dissolved oxygen was estimated.

The initial oxygen content of water was determined by collecting the sample in a narrow mouthed glass stoppered sample bottle of known volume. To this 1 ml of manganous sulphate solution was added followed by addition of 1 ml of alkaline iodide solution. The bottle was stoppered and shaken vigorously and kept in a dark place to prevent any photochemical reaction for about 15 min. A few drops of conc. sulphuric acid were added into the sample bottle in order to dissolve the precipitate. The precipitate was completely dissolved by shaking vigorously. 20 ml of the sample was taken in a clean conical flask and the liberated iodine was titrated against sodium thiosulphate using four to five drops of starch as indicator. The disappearance of blue colour was taken as end point. The burette values were tabulated. The final oxygen content of the respiratory chamber was also determined in the same manner. Oxygen consumed by the fish was calculated by finding out the difference between the initial and final oxygen content in the animal chambers. Also the rate of oxygen consumption per gram weight of the fish per hour was calculated and the values were expressed as ml O₂/g/h.

The dissolved oxygen content in the water was calculated using the following formula:

$$\text{O}_2 \text{ content ml/l} = \frac{K \times 200 \times \text{volume of Na}_2\text{S}_2\text{O}_3 \text{ consumed} \times 0.698}{\text{Volume of the sample titrated}} \times 100$$

$$\text{Where } K = \frac{\text{Volume of sample bottle}}{\text{Vol. of sample bottle} - \text{Vol. of reagents added}}$$

0.698 is the conversion factor to convert parts per million to ml/l; 200 is the constant which is obtained by multiplying the equivalent weight of oxygen and normality of Na₂S₂O₃ and 100 ml.

Histological investigations:

On 10th, 20th and 30th day, fish were taken out, sacrificed and the gill was excised out. The gill tissue was fixed in Bouin's fluid and then they were processed (Gurr, 1959) and embedded in paraffin wax (58-60 °C). Serial sections of 8 µm thickness were cut and deparafinised sections were stained in haematoxylin and counterstained with aqueous eosin.

Results

LC₅₀ value – 96 h:

In the present study the 96h LC₅₀ value of cadmium for *Labeo rohita* was estimated and found to be 12.5 mg/l.

Rate of oxygen consumption:

Oxygen consumption of fish, *L. rohita* exposed to sublethal concentration of Cadmium is presented in Table 1. Decrease in O₂ consumption rate was observed in *L. rohita* exposed to 10% sub lethal concentration of heavy metal for a period of 10, 20 and 30 days.

The rate of oxygen consumption in control *L. rohita* were 0.579, 0.584 and 0.582 ml/O₂/g/h at 10, 20 and 30 days, respectively (Table 1; Fig. 1). The fish exposed to sub lethal concentrations of cadmium showed the oxygen consumption at the rate of 0.518, 0.439 and 0.367 ml/O₂/g/h at 10% sub lethal concentrations after 10, 20 and 30 days, respectively (Table 1, Fig. 1). In this study, the oxygen consumption was gradually decreasing with increasing exposure periods. Maximum decline (-36.94%) over control in the rate of respiration was noticed in 10% sub lethal concentration on 30 days of exposure (Table 1).

Table 1: Changes in the oxygen uptake of *Labeo rohita* at sublethal concentration of cadmium (O₂ml/g/h)

S. No.	Experimental group	Exposure periods days		
		10	20	30
1.	Control	0.579±0.070	0.584±0.065	0.582±0.068
2.	10% SLC	0.518±0.028	0.439±0.036	0.367±0.046
3.	%Variation	-10.54	-24.83	-36.94

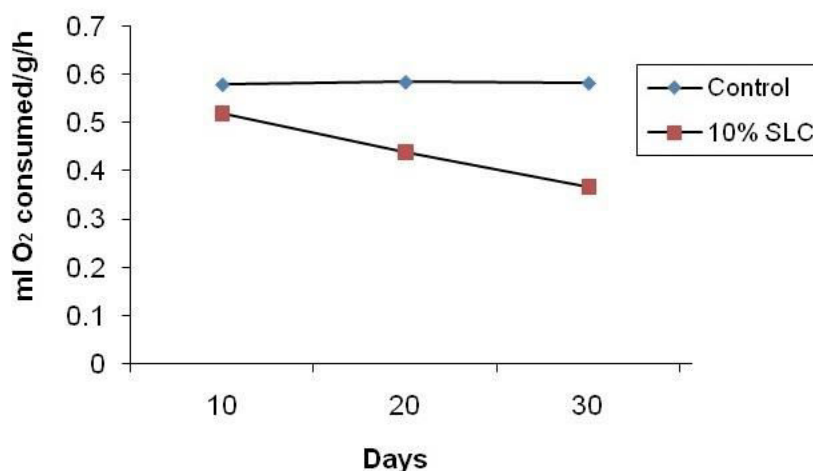


Fig. 1: Changes in oxygen uptake of *Labeo rohita* fingerlings at sub lethal concentration of cadmium.

Histological investigations:

The structure of gill of *Labeo rohita* consists of highly vascular plate like process called primary and secondary lamellae. The secondary lamellae of the gill appeared as finger- like structure and are covered with thin layer of epithelial cells. They are very thin, slender and attached on either side of the primary lamellae (Fig. 2a).

After sublethal exposure of Cd, the gill of *Labeo rohita* showed marked histological changes. Appreciable changes were noticed in the histology of gill after 10 days treatment including fusion of secondary lamellae, degeneration of epithelium and vaculation (Fig. 2b)

The damage was more severe and progressive after 20 days of exposure. The primary and secondary gill lamellae were damaged to a great extent. Hypertrophy, hyperplasia, necrosis and lamellar fusion were observed (Fig. 2c). However, such changes were drastic to the extent that disintegration of lamellar epithelium, fusion of

secondary lamellae and degenerated secondary lamellae were found in the 30 days treated fish (Fig. 2d).

Discussion

The rate of oxygen consumption is a true index of the metabolic state, particularly in aquatic animals whose body is continuously bathed by the surrounding water and is a valuable indication of sub lethal stress. When the pesticides enter the living system, they primarily affect the metabolism, which is concerned with oxygen consumption. Respiration is one of the most important processes as oxygen taken up during this process is essential to provide energy for life activities in the living organisms. The O₂ consumption is a very sensitive physiological process and the change in respiratory activity has been used as an indicator of stress in animals exposed to toxicants (Sarkar, 1999).

In this study, the rates of O₂ uptake of whole organism were altered by cadmium. The

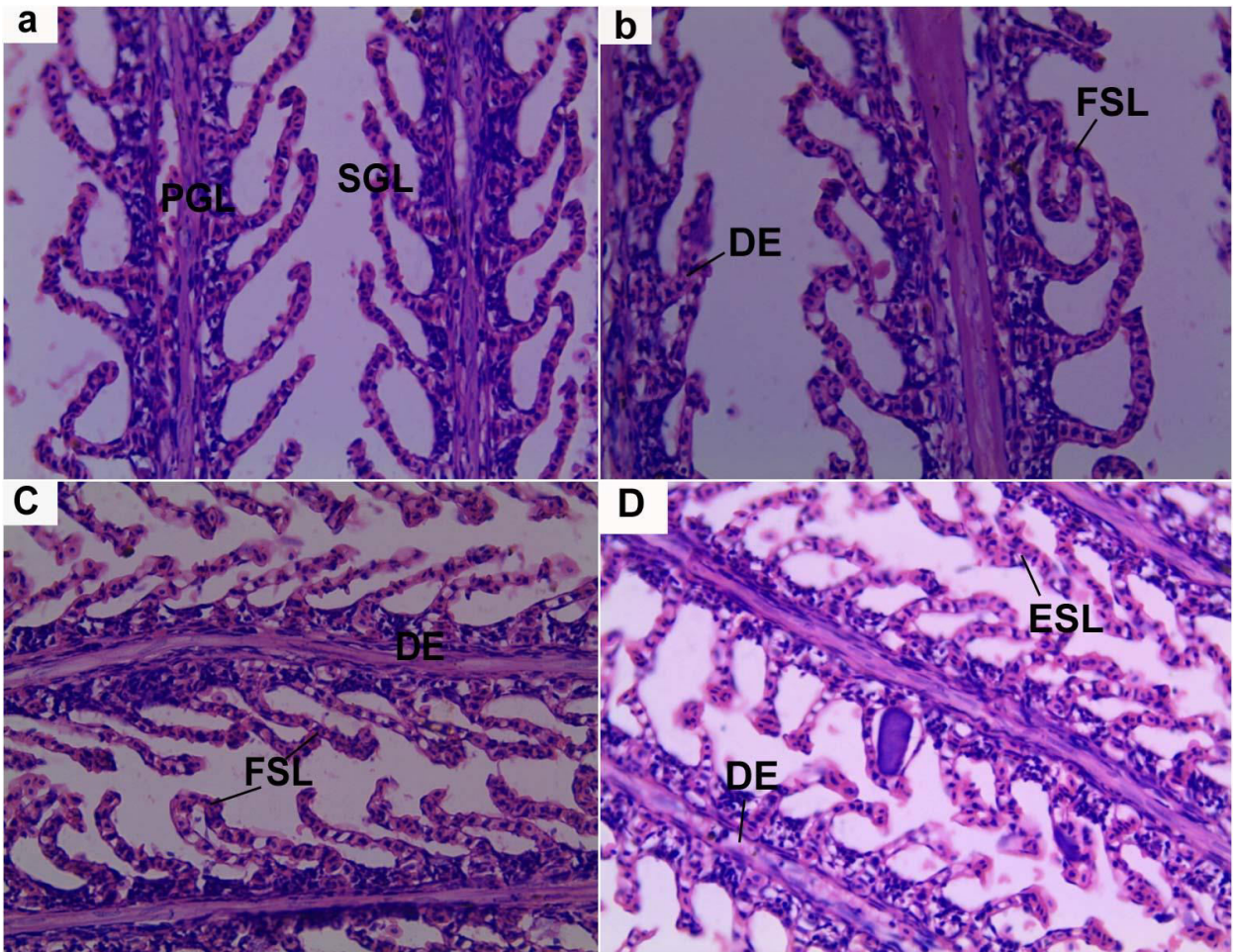


Fig. 2: Histopathological lesions in the gill of *Labeo rohita* exposed to 10% sub lethal concentration of cadmium at different durations. (a) Control, PGL-Primary Gill Lamellae, SGL- Secondary Gill Lamellae; (b) 10 days treated, FSL-Fusion of secondary lamellae, DE- Degeneration of epithelium; (c) 20 days treated, FSL - Fusion of secondary lamellae, DE- Degeneration of epithelium; (d) 30 days treated, DE- Degeneration of epithelium, ESL- Erosion of secondary lamellae.

decreased oxygen uptake could be suggested as a equal to gill damage or due to hypochronic microcytic anaemia under pesticide stress (Koundinya and Ramamurthi, 1980), Heavy metal interfered with respiration by damage of gill and inhibition of enzyme system at mitochondrial levels resulting in reduced oxygen uptake. The drop in oxygen uptake of cadmium treated *L. rohita* indicates the onset of severe hypoxia under toxicant stress, which has triggered the metabolic pathways of fish. Similar observations have been reported in *L. rohita* after chlordane, and metasystox (Bansal *et al.*, 1979).

A similar decrease in oxygen uptake has been reported in *Mystus vittatus* exposed to thiodon

(Reddy and Gomathy, 1977), in *Sarotherodon mossambicus* exposed to thiodon (Vasanthi and Ramasamy, 1987) and in *C. carpio* due to methyl parathion exposure (Nagarathinama and Ramamurthi, 1982). Das *et al.* (1999) observed decline in the rate of oxygen consumption when *Channa punctata* was exposed to synthetic pyrethroid, cypermethrin. Sublethal concentrations of deltamethrin, a pyrethroid, have decreased oxygen consumption in *O. mossambicus* (Nazeemul Khane *et al.*, 1992). Similar result has been observed when the same species of fish was exposed to metasystox as reported by Natarajan (1984) and this has been explained as due to the injury caused to the red blood corpuscles and

reduction in the RBC count. A reduction in haemoglobin content and erythrocyte population resulting in hypochromic microcytic anaemia have also been suggested as reasons for drop in oxygen uptake in *S. mossambicus* exposed to lethal concentration of Sumithion and Sevin (Ranganatha and Ramamurthi, 1979). When *O. mossambicus* was exposed to quinalphos, decreased consumption of oxygen has been noted (Mathivanan, 2004). The increasing concentrations of the textile dye effluent decreased the oxygen consumption in *O. massambicus* (Baskaran *et al.*, 1989). Similar result has been obtained by Hingorani *et al.* (1979) in the fish *L. rohita* when exposed to different concentrations of textile dye effluent. Exposure of the cat fish *Macrurus keletius* to dimethoate has declined the rate of oxygen consumption (Shahul Hameed and Vadamalai, 1986).

Fish gills are considered as most vulnerable organ for the toxicants (Srivastava *et al.*, 1989; Dutta *et al.*, 1996; Kumar *et al.*, 2010) because they are in direct contact with the surrounding water. Alterations in gill structure affect the normal functioning of vital physiological processes such as gas and ion exchanges, osmoregulation, excretion of nitrogenous wastes and acid – base equilibrium (Maina, 1998; Wendelaear Bonga and Lock, 2008).

Pathological lesions induced by cadmium were characterized by hypertrophy, hyperplasia, fusion of secondary lamellae and necrosis. Several authors have reported histopathological anomalies in gills of other species exposed to heavy metals. Gupta and Rajbanshi (1995) observed fusion and clumping of gill lamellae in mercury treated *Rasbora daniconius*. Mazon *et al.* (2002), Venkatesan and Subramanian (2007) and Campagna *et al.* (2008) noted similar types of gill lesions in copper treated fish. Gupta and Kumar (2006) also noted severe gill lesions in mercury treated *Cirrhinus mrigala*. In the present study, degeneration of gill lamellae, necrosis and edema of secondary lamellae were apparent in *Labeo*

rohita exposed to cadmium. These observations are quite comparable to pathological lesions induced in gills by nickel in *Hypophthalmichthys molitrix* (Athikesavan *et al.*, 2006), by inorganic mercury treatment in *Salvelinus alpinus* (Oliveira Ribeiro *et al.*, 2002) and by treatment with cadmium in grass carp *Ctenopharyngodon idella* (Espina *et al.*, 2000). Radhika and Krishnamoorthy (2010) also noted alterations in gill tissues of cadmium exposed *Oreochromis mossambicus*. The present study showed that the gills of *Labeo rohita* exposed to Cd during 30 days presented a higher occurrence of histopathological lesions such as hypertrophy, hyperplasia and fusion of gill lamellae. These observations are in good agreement with the results reported by Gupta and Dua (2002) in the air breathing freshwater fish *Channa punctata* treated with mercury; Thophan *et al.* (2003) and Rangsayatrun *et al.* (2004) in *Lates calcarifer* and *Puntius gonionotus* treated with cadmium; Pane *et al.* (2004) in nickel administered *Oncorhynchus mykiss*. Further Al-Attar (2007) also observed such gill damages in nickel treated *Oreochromis niloticus*.

The present study showed that the gills of *Labeo rohita* exposed to cadmium for 30 days showed a higher occurrence of histopathological lesions such as hypertrophy, fusion of secondary lamellae, edema and mucus openings. These pathological changes may be a reaction to toxicants intake or an adaptive response to prevent the entry of the pollutants through the gill surface (Mohamed, 2009). The damages observed in the gills in terms of hypertrophy, fusion of secondary lamellae and necrosis could cause a decrease in free gas exchange, thus affecting the general health of fish (Skidmore and Tovell, 1972). Similar changes in gill epithelia were reported by Crespo (1982) in the dog fish, *Scyliorhinus canicula* subjected to zinc sulphate; Temmink *et al.* (1983) in rainbow trout, *Salmo gairdneri* exposed to chromate; Gupta and Dua (2002), in the *Channa punctatus* intoxicated with mercury, Pane *et al.* (2004) in *Oncorhynchus mykiss* treated with nickel, and Acharya *et al.* (2005) in *Labeo rohita* treated with sublethal acidic (HCl) and alkaline (NaOH)

pH. Muthukumaravel *et al.* (2008) reported that copper exposure resulted in marked ultrastructural damage to the respiratory epithelium of gill in *Oreochromis mossambicus* including swelling and fusion of secondary lamellae. Palaniappan *et al.* (2008) observed hypertrophy, hyperplasia, alteration of lamellar surface and fused lamellae in Pb exposed *Catla catla*. The histopathological lesions of the gills of fish were reported in detail by Farzad Ghiasi *et al.* (2017). They observed histological changes like hypertrophy, fusion and telangiectasia in the secondary lamellae due to cadmium chloride toxicity. Aghamirkarimi *et al.* (2017) have also reported the histological alterations of gills due to copper nanoparticles toxicity in *Rutilus caspicus* and attributed them to the congestion of blood vessels in the primary gill filaments and detachment of secondary gill lamellae. Muthukumaravel *et al.* (2020) have also observed the histopathological changes in the gill of the fish *Mystus vittatus* due to toxicity of phenol. They observed fusion, malformation at the tips of secondary lamellae and lamellar disintegration.

Conclusion

In the present study, cadmium exposure during sub lethal treatment caused severe toxic effects on the respiratory organ of the freshwater fish *Labeo rohita*. The findings of the present study indicate that gill structural changes may serve as “biomarkers” for assessing heavy metal toxicity in aquatic environment.

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